



The Five Freedoms

The five freedoms are the foundation of animal care and guide practices which enable the best possible livestock welfare.



Freedom from hunger and thirst

By ready access to fresh water and a diet to maintain full health and vigour.

1



Freedom from discomfort

By providing an appropriate environment including shelter and a comfortable resting area.

2



Freedom from pain, injury, and disease

By prevention or rapid diagnosis and treatment.

3



Freedom from fear and distress

By ensuring conditions and treatment which avoid mental suffering.

4



Freedom to express normal behaviour

By providing sufficient space, proper facilities and company of the animal's own kind.

5